

Monday	Tuesday	Wednesday	Thursday	Friday
Vegetable Soup Oven-baked Bread-Rolls & Wholegrain Baps **** Chicken Crumble with Fresh Salad & Coleslaw Oven Baked Breaded Whiting with Lemon FOTW BACON & CHEESEBURGER **** Chunky Chips/Baked Potato Baton Carrots/Baked Beans **** Chicken Tikka & Cheese Wrap Ham & Cheese Panini Cheese & Beans Baked Potato Margherita Pizza Slice Sausages/Hot-Dog Baps Curry/Gravy/Stuffing/Salad **** Homemade Blueberry Muffin	Potato & Leek Soup Oven-baked Bread-Rolls & Wholegrain Baps **** Beef Bolognese with Toasted Garlic Slice Peppered Pork Chops FOTW CHICKEN CHILLI & LIME QUESADILLA **** Mash Potato/Pasta Spirals Broccoli Florets/Salad **** Sweet Chilli Chicken Wrap Tuna Melt Bagel Sweet Chilli Chicken & Cheese Baked Potato Oven Baked Chicken Chunks Sausages/Hotdog Baps Bacon & Cheese Beef Burger/Bap Pepper Sauce & Gravy **** Homemade Chocolate Brownie	Chicken Soup Oven-baked Bread-Rolls & Wholegrain Baps **** Chicken Curry with Toasted Garlic Naan Cajun Beef & Vegetable Stir-fry FOTW SALT N CHILLI CHICKEN & RICE **** Chunky Chips/ Noodles/Rice Garden Peas & Salad **** Chicken Caesar Salad Wrap Cheese & Tomato Panini Bacon Baps Cheese & Beans Baked Potato Pepperoni Pizza Slice Chicken Fillet Burger/Bap Curry & Gravy **** Homemade Jam & Coconut Sponge	Vegetable Soup Oven-baked Bread-Rolls & Wholegrain Baps **** Roast Chicken Dinner Oven Baked Cod Goujons with Lemon FOTW PEPPERONI PIZZA SUB **** Mash & Roast Potatoes Baton Carrots & Green Beans **** Chicken Gougon Wrap with Taco Sauce BBQ Chicken & Cheese Bagel Oven Baked Salt 'n' Chilli Chicken Bites Sausages/Hotdog Baps Bacon & Cheese Loaded Baked Potato Gravy & Stuffing **** Homemade Shortbread	Chicken & Vegetable Soup Oven-baked Bread-Rolls & Wholegrain Baps **** Oven Baked Breaded Chicken Goujons Beef Chilli Con Carne with Steamed Rice FOTW CROQUE MONSIEUR **** Chunky Chips/Rice/Salad Garden Peas/Baked Beans **** BBQ Chicken & Cheese Wrap Chicken Tikka Melt Panini Beef Chilli & Cheese Baked Potato Beef Burger/Bap Boneless Chicken Wing Snack Box Margherita Pizza Slice Curry & Gravy **** Homemade Caramel Square



SNACK ITEMS



Why not try something from our range of healthy snack items?

GRAB & GO SALAD BAR



We serve a selection of sandwiches, wraps, panini, salads, burgers, soups & other Grab & Go items.

SWEET TREATS



Fancy something sweet... we have lots of options.

FLAVOURS OF THE WORLD



Check Out Our Daily Flavours Of The World Dish!

Monday	Tuesday	Wednesday	Thursday	Friday
Vegetable Soup Oven-baked Bread-Rolls & Wholegrain Baps **** Beef Bolognese with Toasted Garlic Bread Oven Baked Breaded Haddock with Lemon FOTW FIRECRUNCH CHICKEN BURGER **** Chunky Chips/Pasta Spirals Green Peas/Baked Beans **** Chicken Tikka & Cheese Wrap Ham & Cheese Panini Oven Baked Chicken Chunks Cheese & Beans Baked Potato Pepperoni Pizza Slice Sausages/Hot-Dog Baps Curry Sauce & Salad **** Wholemeal Flapjack	Potato & Leek Soup Oven-baked Bread-Rolls & Wholegrain Baps **** Chicken Crumble with Fresh Salad & Coleslaw Ham Carbonara with Toasted Garlic Bread FOTW BEEF BURRITO BOWL **** Mash Potato/Pasta Spirals/Rice Broccoli & Baton Carrots **** Sweet Chilli Chicken Wrap Tuna Melt Bagel Bacon& Cheese Loaded Baked Potato Beef Burger/Bap Oven Baked Chicken Chunks Gravy & Salad **** Homemade Chocolate Brownie	Chicken Soup Oven-baked Bread-Rolls & Wholegrain Baps **** Chicken Curry with Toasted Garlic Naan Bacon & Cheeseburger FOTW THAI RED CHICKEN CURRY **** Chunky Chips/Rice Baton Carrots & Salad **** Chicken Caesar Salad Wrap Cheese & Tomato Panini Bacon Baps Sweet Chilli Chicken Baked Potato Margherita Pizza Slice Sausages/Hot-Dog Baps Curry & Salad **** Chocolate Chip Cookie	Vegetable Soup Oven-baked Bread-Rolls & Wholegrain Baps **** Roast Turkey Dinner Oven Baked Cod Goujons with Lemon Wedge FOTW LOUISIANA CREOLE CHICKEN SUB **** Mashed & Roast Potatoes Baton Carrots & Beans **** Chicken Gougon Wrap with Taco Sauce BBQ Chicken & CheeseBagel Oven-Baked Salt 'n' Chilli Chicken Bites Beef Burger/Bap Cheese & Beans Loaded Baked Potato Gravy/Stuffing/Salad **** Homemade Shortbread	Chicken & Vegetable Soup Oven-baked Bread-Rolls & Wholegrain Baps **** Beef Lasagna with Toasted Garlic Bread Honey Crispy Chickenwith Steamed Rice FOTW HOT 'N' SPICY CALZONE **** Chunky Chips & Rice Green Beans & Peas **** BBQ Chicken & Cheese Wrap Chicken Tikka Melt Panini Sausages/Hot-Dog Bap Cheese & Beans Baked Potato Boneless Chicken Wing Snack Box Margherita Pizza Slice Curry/Gravy/Salad **** Rice Krispie Square



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Vegetable Soup Oven-baked Bread-Rolls & Wholegrain Baps **** Tuscan Chicken Pasta Bake with Toasted Garlic Slice Oven Baked Breaded Haddock with Lemon FOTW MAC & CHEESE BOWL **** Chunky Chips/Pasta Spirals Baton Carrots & Baked Beans **** Chicken Tikka & Cheese Wrap Ham & Cheese Panini Oven Baked Chicken Chunks Pepperoni Pizza Slice Bacon & Cheese Baked Potato Sausages/Hot-Dog Baps Curry Sauce/Gravy/Salad **** Lemon Muffin	Potato & Leek Soup Oven-baked Bread-Rolls & Wholegrain Baps **** Beef Bolognese with Toasted Garlic Slice Quiche Lorraine with Salad & Coleslaw FOTW CHICKEN ENCHILADA **** Oven Baked Potato Wedges & Pasta Spirals Broccoli & Coleslaw **** Sweet Chilli Chicken Wrap Tuna Melt Bagel Bacon & CheeseLoaded Baked Potato Chicken Burger/Bap Oven Baked Chicken Chunks Curry & Salad **** Homemade Chocolate Brownie	Chicken Soup Oven-baked Bread-Rolls & Wholegrain Baps **** Chicken Curry with Toasted Garlic Naan Bacon & Cheeseburger FOTW HONEY CHILLI CHICKEN & RICE **** Chunky Chips/ Rice Garden Peas & Salad **** Chicken Caesar Salad Wrap Cheese & Tomato Panini Oven Baked Salt &Chilli Chicken Chunks BBQ Chicken & Cheese Baked Potato Margherita Pizza Slice Sausages/Hot-Dog Baps **** Apple Sponge Slice	Vegetable Soup Oven-baked Bread-Rolls & Wholegrain Baps **** Roast Gammon Dinner Creamy Salmon Pasta with Toasted Garlic Slice FOTW PHILLY CHEESESTEAK **** Mash & Roast Potatoes/Pasta Spirals Baton Carrots & Salad **** Chicken Gougon Wrap with Taco Sauce BBQ Chicken & Cheese Bagel Oven Baked Chicken Goujons Beef Burger/Bap Bacon & Cheese Loaded Baked Potato Gravy & Stuffing **** Rice Krispie Squares	Chicken & Vegetable Soup Oven-baked Bread-Rolls & Wholegrain Baps **** Sweet Chilli Chicken with Soft Noodles Pulled Pork & Cheese Baked Potato FOTW VIETNAMESE CHICKEN BANH MI **** Chunky Chips/Rice Soft Noodles Baton Carrots & Salad **** BBQ Chicken & Cheese Wrap Chicken Tikka Melt Panini Sausages/Hot-Dog Bap Boneless Chicken Wing Snack Box Pepperoni Pizza Slice **** Curry Sauce **** Chocolate Chip Cookie

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Vegetable Soup Oven-baked Bread-Rolls & Wholegrain Baps **** Sweet n Sour Chicken with Steamed Rice Oven Baked Breaded Haddock with Lemon FOTW WINGS WITH SAUCE **** Chunky Chips/Steamed Rice Baton Carrots & Baked Beans **** Chicken Tikka & Cheese Wrap Cheese & Beans Baked Potato Ham & Cheese Panini Beef Burger/Bap Pepperoni Pizza Slice Sausages/Hot-Dog Baps Curry Sauce/Gravy/Salad **** Wholemeal Flapjack	Potato & Leek Soup Oven-baked Bread-Rolls & Wholegrain Baps **** Stuffed Sausage & Bacon Rolls Chicken Alfredo Pasta with Toasted Garlic Slice FOTW CHILLI BEEF NACHOS & RICE **** Mashed Potato/ Pasta Spirals Broccoli & Salad **** Sweet Chilli Chicken Wrap Tuna Melt Bagel Sweet Chilli Chicken & Cheese Baked Potato Oven Baked Chicken Goujons Margherita Pizza Gravy/Broccoli/Stuffing **** Homemade Chocolate Brownie	Chicken Soup Oven-baked Bread-Rolls & Wholegrain Baps **** Chicken Curry with Toasted Garlic Naan BBQ Smash Beef Burger FOTW GENERAL TSO'S CHICKEN & RICE **** Chunky Chips & Steamed Rice Garden Peas & Baked Beans **** Chicken Caesar Salad Wrap Cheese & Tomato Panini Oven Baked Salt & Chilli Chicken Chunks Bacon & Cheese Baked Potato Bacon Baps Sausages/Hot-Dog Baps Curry & Salad **** Homemade Lemon Drizzle Sponge	Vegetable Soup Oven-baked Bread-Rolls & Wholegrain Baps **** Roast Beef Dinner Pasta al Pomodoro with Toasted Garlic Slice FOTW CHICKEN MOZZARELLA & PESTO MELT **** Mash & Roast Potatoes/Pasta Spirals Baton Carrots & Green Beans **** Chicken Gougon Wrap with Taco Sauce BBQ Chicken & Cheese Bagel Chicken Fillet Burger/Bap Sausages/Hot-Dog Baps Bacon & Cheese Loaded Baked Potato Gravy/Stuffing/Salad **** Rice Krispie Squares	Chicken & Vegetable Soup Oven-baked Bread-Rolls & Wholegrain Baps **** Salt n Chilli Chicken Loaded Fries Breaded Whiting with Lemon Wedge FOTW GYRO WITH SALAD & SPICED YOGHURT **** Chunky Chips/ Soft Noodles Green Beans & Garden peas **** BBQ Chicken & Cheese Wrap Cheese & Beans Baked Potato Chicken Tikka Melt Panini Sausages/Hot-Dog Bap Boneless Chicken Wing Snack Box Margherita Pizza Slice Curry Sauce/Salad **** Popcorn Cookies



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